

TRAINING IN URBAN DANCE

MONDAY		TUESDAY		WEDNESDAY	
ROOM 3	ROOM 4	ROOM 3	ROOM 4	ROOM 3	ROOM 4
PILATES 10:00 to 11:00	1 st JAZZ FUNKY 10:00 to 11:00	STRETCHING 11:00 to 12:00	1 st LATIN URBAN 11:00 to 12:00	PILATES 10:00 to 11:00	1 st FUNKY JAZZ 10:00 to 11:00
1 st HEELS DANCE 12:00 to 13:00				1 st HEELS DANCE 12:00 to 13:00	
AFTERNOON SCHEDULE		AFTERNOON SCHEDULE		AFTERNOON SCHEDULE	
ROOM 1	ROOM 2	ROOM 1	ROOM 2	ROOM 1	ROOM 2
1 st HIP HOP 19:30 to 20:30	1 st KPOP 19:30 to 20:30		1 st HEELS DANCE 19:30 to 20:30	1 st HIP HOP 19:30 to 20:30	1 st KPOP 19:30 to 20:30
	1 st FUNKY JAZZ 20:30 to 21:30	1 st URBAN DANCE 19:30 to 20:30	1 st LATIN URBAN 20:30 to 21:30		1 st FUNKY JAZZ 20:30 to 21:30

THURSDAY		FRIDAY		SATURDAY	
ROOM 3	ROOM 4	ROOM 3	ROOM 4	ROOM 1	ROOM 3
STRETCHING 11:00 to 12:00	1 st LATIN URBAN 11:00 to 12:00			STRETCHING 10:00 to 11:00	1 st HEELS DANCE 11:00 to 12:00
AFTERNOON SCHEDULE		AFTERNOON SCHEDULE		AFTERNOON SCHEDULE	
ROOM 1	ROOM 2	ROOM 1	ROOM 2	ROOM 1	ROOM 2
URBAN DANCE 19:30 a 20:30	1 st HEELS DANCE 19:30 to 20:30		STRETCHING 17:30 to 18:30		
	1 st LATIN URBAN 20:30 to 21:30		BAR TO THE FLOOR 18:30 to 19:30		